

Wellness Lectures

by Dr. Mark LeMay, D.C., A.C.N.

Please check the boxes of the Health Topics you would like to have Dr. LeMay come and speak to your group on:

No More Colds & Flu!	Digestion: The Key to Great Health
5 Strategies to Reducing Stress	Heavy Metal Detox
Curb Your Cravings	Immune, Viral and Respiratory support
Fabulous Over 50	Get Your Libido Mojo back!
No More Allergies	If I only had a Brain
Secrets to Saving Money on	Beautiful Hair, Skin & Nails
Supplements	

Have a special topic you'd like to hear Dr. LeMay talk about? Call our office to discuss the details.

Presentations are typically 20-30 minutes, and can be customized to fit your specific needs.

8080 Madison Avenue, Suite 204A Fair Oaks, CA 95628 **916.965.8171** fax 916.965.8175 **www.lemaychiropractic.com** drmark@lemaychiropractic.com